

THE e-RUBRIC

From the Rector: All Souls' Online 2.0

The Sunday after Labor Day would traditionally mark the start of a new church program year. The choir would return from their summer hiatus. The youth group would begin meeting in person. We would welcome friends back to church after a summer of travel, beach trips, and adventures. We'd look forward to a re-start of ministries, fellowship, formation, and conversations. And, as with pretty much everything else in 2020, this year will be different.



That said, September 13, 2020 will bring some changes. First, and foremost, we will offer our first in-person worship service since we suspended in-person worship in March. We will gather at 4:00 pm on Sunday, September 13 on the patio outside the church for "Re-gathering Sunday."

We'll pray a brief service following a format of Liturgy of the Word with prayers for Spiritual Communion. Masks and physical distancing between family units are mandatory. I am looking forward to seeing many of you in person and also strongly encourage any who are high-risk for Covid-19 to remain at home.

Our Sunday online services will continue for the foreseeable future. We will livestream services on Sunday at 8:00 am and 10:15 am and continue gathering via Zoom for our Thursday and Saturday services. Beginning September 13, you will notice some changes in our online services. I'm calling it All Souls' Online 2.0. We have better cameras, better lighting, and many parts of the service will be recorded inside the church. The music will be of-



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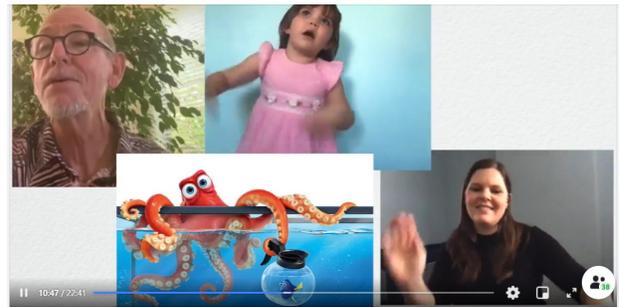
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From the Rector, Cont.

ferred by several members of the choir (safely distanced), and we will welcome the return of anthems and other musical contributions. Some subtle changes will be made to the liturgy, as well, and it will begin to feel more like the worship we enjoyed and offered together at the beginning of this year. All that said, we will continue to see members of our community offering the liturgy together.

Our newest online offering, Small Souls Online, will also be retooled. Mother Terry continues to work with the children and volunteers to present new and exciting ways to engage all in ministry. The children in our parish will be offering the Lord's Prayer as well as readings and blessings. Clergy of the parish will offer words for the parents and several members of our parish family will present the lesson for the children.

And finally, if you follow us on Facebook for Morning Prayer, you will begin seeing new faces leading us in the daily office. If you don't already get the daily prayer e-mails, you can sign-up for them here and you'll



find us live on Facebook, every morning (except Sunday) at 8:00 am as we pray the daily office together!

So, all in all, 2020 is certainly different but the Sunday after Labor Day is a new start, a new approach to worshipping together online, and an opportunity to join in-person in worship. I pray and hope that these offerings will allow you to offer your praise and thanks to God for the many blessings we have received, even in this time of uncertainty.

From the Junior Warden by Bill Cobb



As our society tries to determine the best time for businesses to re-open, the subject of schools comes up a lot. Is it true that children seem more resistant to developing Covid-19 after they've been exposed? If we can't get adults at the wall in Ocean Beach to wear masks and observe social distancing, how could we expect children to follow those rules? Will online learning be a sufficient replacement for being in the classroom?

These, and other questions, will be discussed at the Forum on **September 13**. We will have a classroom teacher, a local school administrator, and we're working on another representative from the school district. If you have questions that you want answered, send them to me in an email and I will ask them, on our LIVE ZOOM FORUM, at 9:00 a.m. on Sept. 13. Time permitting, there will be questions from the assembled ZOOMERS. Send your questions to we4cobbs@gmail.com.

An Update on Loaves Fishes

Loaves & Fishes Food Pantry in Ocean Beach continues their ministry and remains busy. The number of clients in August topped 700 representing roughly 300 households. Loaves and Fishes needs volunteers primarily to help with bagging food for clients and picking up donations from various sites. The board is hoping these new volunteers will reduce the pantry coordinator's workload, which has increased dramatically due to the Covid situation.



Loaves & Fishes
Community, Compassion & Food

The volunteer coordinator is Katie Mayberry. She can be reached at kmayberry43@gmail.com. Volunteers can also fill out a volunteer form on the website: www.sdloavesfishes.org

Also on the website is a link to an Amazon wish list for much needed toiletries. A very easy way to help out!

Here are the needed volunteer positions:

Bulk Food Bagging Lead (up to 5 hours a week)

The Bulk Food Bagging Lead ensures that Loaves and Fishes is sufficiently kept in supply of pre-portioned bulk goods for inclusion in food bags.

Bagging Preparation Lead (up to 5 hours on Wednesday)

The bagging preparation lead works with a team of volunteers to ensure all preparations have been made and food packing is quickly and easily accomplished by packing volunteers.

Distribution Lead (up to 5 hours on Monday)

The distribution lead coordinates food distribution on Mondays. The lead arrives approximately 1 hour before the pantry opens and begins setting up the distribution. He/she also stay after distribution to break down the distribution area and clean up.

Bread and Hot Dog Bagger (Approx. 1 hour on Monday and Wednesday mornings)

This volunteer/volunteers bags donated bread and portions hot dogs into baggies in preparation for food distribution and stores portioned food as appropriate until distribution

Volunteer Coordinator (3 to 7 hours per week)

The volunteer coordinator communicates with current volunteers and potential volunteers to ensure that all shifts are staffed appropriately.

Donation Pick Up/Drop Off Volunteer (2 to 5 hours per week)

This volunteer arranges to pick up donations from individuals, groups or stores and be available to receive donations that must be brought to the pantry outside of distribution hours.

Pruning the Point by Fr. Peter Sickels

Now that we have this big beautiful banner out on the point announcing our online services at All Souls', and with love for grooming plants, I invite anyone who wishes to join me for an hour or two of clipping, pruning, and clearing. Our landscaping crew comes on Wednesdays and will take away the debris we accumulate.

To stay close to nature and needing exercise, I have already trimmed some of the plants. It's so joyful to look at a plant that needs some human love, give it, and receive back its beauty. I learned the concept of "bonsaiing" plants to "lift them up"; pruning the lower branches and cleaning underneath the "bush" to make it grow into more of a tree. The term bonsai ordinarily means trimming a plant to grow in a container, miniaturizing its branches and roots. Outdoors in the ground, cultivating makes the surrounding area healthier, clearing of dried materials and letting the sun reach the ground. Seeing around and through plants, not just at them, is a better look.



Clearing out some of the undergrowth at the Point keeps the area from attracting a vagrant sleeper, as well as reducing the brush that could be a fire hazard. I feel I'm following our Lord's commandment to "be fruitful and multiply". We humans ("adam") have the assignment to care for the ground ("adamah"), and when we do, it becomes healthier than when it grows wild. We were put into the Garden of Eden to "till it and to keep it." (Gen 2:15) Yes, God created the world with us in mind.

We stewards of Earth have the task to "subdue" (Hebrew "kabash" in Gen 1:28); when the earth is hostile (like attacking us with a virus) we must trim it, isolate it, prune the disorderly branches (sin) to help it live as intended. Jesus' words about pruning in John 15 provide a beautiful example of the way in which God subdues sin, using as an analogy the way a farmer subdues nature. Thus agriculture and other life-giving uses of nature are proper fulfillment of the command to "subdue" creation. (Christopher Brown, WordPress)

When talking about the original inhabitants of a land, we don't just go back to the native humans, but all the animals before them, and then all the vegetation before the animals. PLANTS are the original inhabitants of the earth, like plankton in the oceans was there before the first fish.

Gen 1:28 goes on to say we shall "have dominion", giving some believers the perverted right to criminally destroy our ancient ancestors. Rather than pursuing the path to annihilation, the word "dominion" or "rule", in Hebrew is "radah." It's a royal word, we rule like kings over creation, and we're called to protect it. As a king accepts tribute or taxes from his subjects, so too we receive a bountiful sustenance from the fruits of creation. Also a biblical king (Psalm 72:12-14) should take care of the weak and poor in his kingdom, so too we are called to guard natural beauty, preserve endangered species of God's creatures, and even to restore the places which we have too often ruled with force and harshness.

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Pruning the Point, Cont.

So, when you have a few extra minutes, drop by and trim, clear, or just enjoy the beautiful landscape God has given us, not only on the point but wherever you have the right to get back to nature. If you want me to teach you what I know, or if you have skills to share that I don't have, come by Wednesdays 8:30-10:30 or call/text me to arrange another time- 442-248-2227.

Abundantly Yours,
Fr. Peter Sickels

A Labyrinth for All Souls'

During our capital campaign we received a fairly large donation from Brothers Barnabas and Andrew of the Society of St. Paul. Their gift was given with the intention that a labyrinth would be installed as part of our campus redevelopment.

The idea of installing a labyrinth on our campus was raised decades ago. The dream has been part of our community and we are now in a position to do something about it.

The facility development committee met with Steve Barnes to review a number of different styles of labyrinths. We are grateful for the photos offered by Steve. He and Rosemary made a couple of weekend trips around southern California to visit, photograph, and survey installed labyrinths to give us all a better idea of what kind of labyrinth would work for All Souls'. The photos here are representative samples.

Steve also agreed to serve as our project manager to make sure that the preparation of the land on the point and the installation of the labyrinth and vegetation come in under budget.

Stay tuned for more information and keep the parish in your prayers.



In-Person Worship: Sunday, September 13 at 4:00 p.m.

Join us for “Re-Gathering Sunday!”

After much prayer and conversation, the vestry has agreed to offer in-person worship on Sunday, September 13, at 4:00 pm. Our plan for executing this re-gathering safely and orderly was approved by the diocese and we have the bishop’s permission to proceed.

Our in-person worship committee agreed to offer the service in the afternoon rather than on Sunday morning so as not to interfere with current online worship services and forum opportunities.

Online services will continue. All who are in high-risk categories or have any hesitation to attend a church gathering in the current environment are encouraged to stay at home and continue to participate in online worship opportunities.

Fr. Joe will be sending a letter soon detailing what we can expect and our personal responsibilities in adhering to the guidelines. In a nutshell, our outdoor service will be different than “normal” (read pre-covid) church. Here’s what to expect:

- Worship will be outside on the patio in front of the church
- Masks are required
- 6-foot physical distance between family units is required
- There will be no congregational singing and limited prayer in unison
- One or two singers will join our organists assisting in leading worship
- Initially, there will be no Communion. If we demonstrate that we are able to safely adhere to all requirements we will consider adding the celebration of Holy Eucharist.
- The service will be brief, 30 minutes or less.
- Bathrooms will not be available
- There will be no child care or Small Souls
- There will be no coffee hour and no refreshments served

If you have any questions or concerns, please let Fr. Joe know.



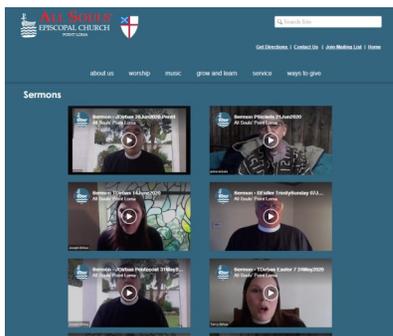
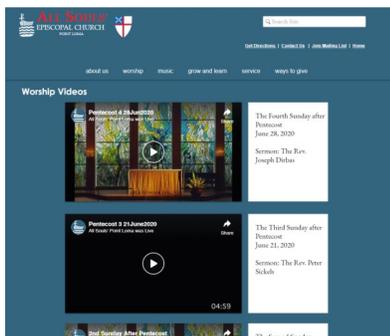
Church is available all week and more!

Our Sunday morning worship services are available at any time on our Facebook page, YouTube, and on our church website. We also post a stand alone video of the sermon offered each Sunday:

Services are here: www.allsoulspointloma.org/worshipvideos

Sermons are here: www.allsoulspoitloma.org/sermons

Forums are here: www.allsoulspoitloma.org/forums



And remember, tell your online friends about church. Invite them to check us out and visit our website and Facebook page.

Fellowship at All Souls'

We all miss coffee hour. That simple time, after church, when we gather with family and friends and just simply talk about what comes to mind. We miss the opportunity to catch up.

In response, our fellowship committee is hosting virtual coffee hours, once each month, on the Third Sunday of the month, immediately following the 10:15 live stream.

Our first coffee hour will be September 20. Please mark your calendar and join us, via zoom, for conversation and fellowship.

[JOIN US VIA ZOOM](#)



Stay Connected!

All Souls' is active on all sorts of social media. **Each of the images below will link you to appropriate social media page! Just click and go!**

We post regularly to Facebook (both as All Souls' Point Loma



and Music at All Souls' Church).



We are on Instagram at AllSoulsPointLoma.



You can follow us on Twitter @AllSoulsptLoma.

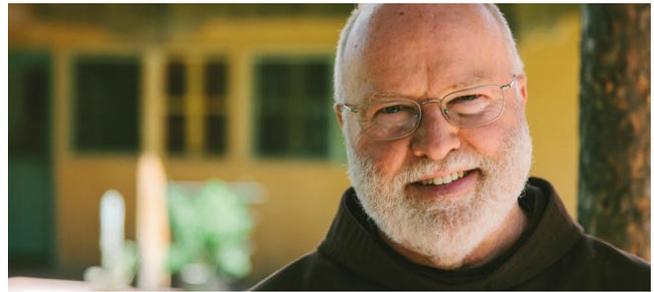
And if you're on NextDoor, you can see posts we make about worship and community events.



Be sure to share our web address with your friends and neighbors, too. We have a lot of good information posted including an up-to-date calendar, community events, service opportunities, and information about church and staff. You can also sign up for our weekly e-blast on the website.

This Month's Gracious Rohr By Lorraine Padden

One of our most steadfast companions throughout the history of our earthly journey is the human emotion of anger. Particularly now, as so many of us continue to square off against an increasing number of truly formidable challenges – the global pandemic, racist violence, destabilizing political churn and growing climate catastrophe – our fury might seem to have lodged itself into loud and permanent residence just behind our teeth or immediately beneath our finger tips on the laptop keyboard. While our hearts and minds might be full of concern not only for ourselves but for many who suffer illness, economic privation, isolation, and loss, it seems that the contours of our anger can become our stuff of condemnation, ridicule, and shame – in ourselves and others. Father Richard Rohr offers us an alternative. What if our anger could be considered a messenger of life-affirming strength and resilient energy?



As we read below, Father Rohr and his colleague Barbara Holmes at the Center for Action and Contemplation (CAC) offer compelling insight into anger as a restorative, just, and healing force.

Contemplating Anger

I have learned to use my anger for good.... Without it, we would not be motivated to rise to a challenge. It is an energy that compels us to define what is just and unjust. —Gandhi

Today my colleague and CAC faculty member Barbara Holmes shares reflections on a “theology of anger.” Her words are challenging for white Americans like myself, but an important stage of contemplative solidarity is the ability to set aside our own opinions to listen with an open heart to the pain of the marginalized. I hope we can hear Dr. Holmes’s wisdom and desire for healing from the wounds of racism.

We all need a way to channel and reconcile our anger with our faith... . A theology of anger [for communities under siege] assumes that anger as a response to injustice is spiritually healthy. My intent is to highlight three ways that anger can contribute to *spiritual restoration*.

First, a theology of anger invites us to wake up from the hypnotic influences of unrelenting oppression so that individuals and communities can shake off the shackles of denial, resignation, and nihilism. . . . Second, a theology of anger can help us to construct healthy boundaries. Finally, the healthy expression of righteous anger can translate communal despair into compassionate action and justice-seeking. . . . The question is whether or not we will recognize our



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Gracious Rohr, cont.

wounds and the source of our anger so that we can heal ourselves and others, and awaken to our potential to embody the beloved community. . . .

Collective and productive anger redirects our attention to the everyday survival and healing of our own community. . . Sometimes the anger of black folks is resistance but, more often, it is grief. During a demonstration in Minneapolis, Minnesota, after the police shot an unarmed black man [in 2016], Pastor Danny Givens of Above Every Name Ministry, publicly and peacefully challenged the Governor of Minnesota. He shouted into a microphone:

Your people keep killing my people. You keep telling me that you are going to do something. I just want you to put some respect on our people's names. . . . This isn't black anger. This is black grief! [1]

Pastor Givens wanted the governor to understand that grief, anger, and black joy are hard to separate. At funerals of young people slain by the police, expressions of black joy are common. This is not "joy" in the ordinary sense of the word. . . . This is the communal performance of resistance and resilience through dancing and rhythmic movement. Funeral-car doors fly open, music is thumping, and the community dances its defiance of death and the society that produces it.

We are angry, we are grieving, we are performing black joy as a sign of our determination to survive.

[1] Morgan Winsor and Julia Jacobo, "Pastor Shouts at Governor: 'This Is Black Grief,' After Police Shooting of Minnesota Man," *ABC News* (July 7, 2016). Available at <http://abcnews.go.com/US/>
Barbara A. Holmes, "Contemplating Anger," "Anger," *Oneing*, vol. 6, no. 1 (CAC Publishing: 2018), 21, 24–25.

Gandhi as quoted by Arun Gandhi in *The Gift of Anger: And Other Lessons from My Grandfather Mahatma Gandhi* (Jeter Publishing: 2017), 18.

Sacred Ground Dialogue Circles

Our Sacred Ground dialogue circles have been exploring some of the history of our nation and the origin and effects of slavery. We are learning, discovering, and sharing with one another. At times this work can be difficult and challenging. We walk lightly with open hearts and open minds. We ask for your continued prayers for all members of our groups and our facilitators.

One of the books that we are reading in this process is *Jesus and the Disinherited* by Howard Thurman. This is a wonderful theological approach to the poor and disenfranchised. It's worth a read and there is some conversation of starting a book study.

If you missed the opportunity to sign up, there will be opportunities to sign up for future circles.



Music at All Souls'

Be part of our All Souls' Chorister Program!

Beginning anew! Your child (age 7 - 15) is invited to join our chorister music program (ONLINE/zoom) this fall. All learning will take place online through September, with the possibility of a bi-weekly outdoor rehearsal by mid-October following safety guidelines. This music program provides a unique opportunity for children to receive invaluable skills in music, teamwork, and leadership. Teaching will include:

- Music Theory curriculum
- Sight-Singing (via sightreadingfactory.com)
- basic vocal technique



- virtual choir project

All online classes will be held on Thursdays (4-4.45pm) beginning on September 17.

All are welcome, no previous musical experience is necessary, and the program is **FREE**. All that is required is a commitment to the program and a desire to learn. For more information, or to register your child, please email Ruben Valenzuela

(Director of Music & Organist): rvalenzuela@allsoulspointloma.org.

The Choir of All Souls' Church begins a new season!

Consider joining the Choir of All Souls' Church...Although we are currently unable to sing together, the choir will be meeting on **Thursday evenings via ZOOM (7.30-8.30pm) beginning on September 17**. Each of the weekly sessions will cover a variety of topics to include: sight-singing, vocal technique, online music rehearsals, plus cover an array of general musical topics. Along the way, there will be opportunity for choir members to lead aspects of the week to week online music offerings, including compline and Evensong.



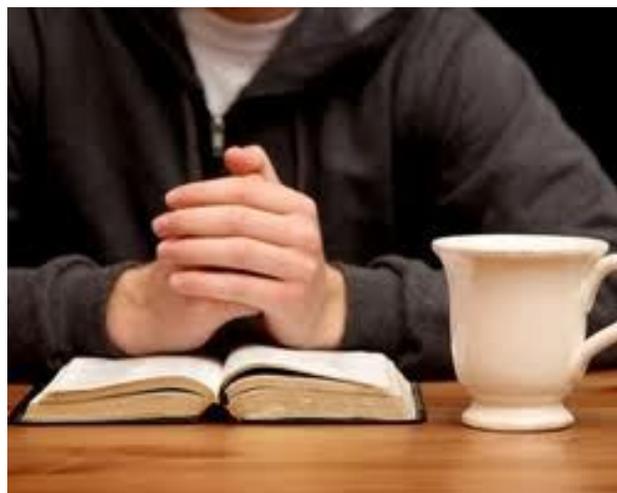
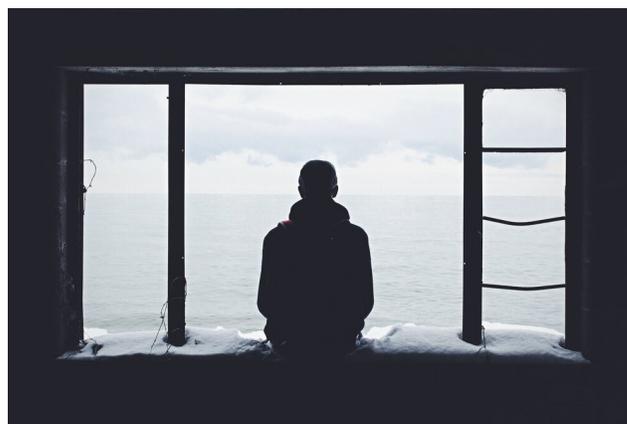
For more information: rvalenzuela@allsoulspointloma.org

Cultivating a Prayer Life

by Spencer Velky, Gouraud Assistant Organist

I've been told by some monastics that when people join a religious community, especially one that is isolated, they become more themselves. Everyone's good qualities shine, as well as their bad. As a musician trying to get by during this pandemic, I've been in a somewhat more isolated world than other people. Many people who have "normal" jobs have been continuing to go to work, or in some cases they are able to do most, if not all their work from home. Homes have now become busy places for many families and rarely offer a moment of peace and solitude.

I have been both fortunate and unfortunate in that respect. Not having as much work as I had before the pandemic, I have a lot of free time on my hands. At first, I didn't know what to do. After a month of binge watching shows on Netflix, I started giving myself projects to do. I started tuning my piano regularly and practicing more often. Although this seemed gratifying at first, I would always come to the realization that it was simply a means to preoccupy my time, leaving me unsatisfied in the end. When I don't feel like doing something, I can turn laziness into a sport, and when I have a project to undertake, I'm unstoppable.



It seems that during this isolation I've been jumping from one extreme to another with little to gain from it. Just recently I've decided to focus more on cultivating a better prayer life for myself. Since I no longer have rehearsals and lessons that could hinder any consistency of a prayer routine, I've been able to do morning and evening prayer regularly. It's the only thing that is stable and consistent in my life right now. I hope that others who are in similar situations have found something to keep their lives from falling apart at the seams. I look forward to when we can do services in person again. And while it won't be ideal, it will be something that isn't over Zoom. I still can't believe the last time we were all together in church was Lent.

Virtually Possible by Mother Terry Dirbas

Youth Ministry has an exciting year in store! For the health and safety of all, we'll shift our attention to meaningful and uplifting online ministry for at least the first semester of the school year. Drawing from the wisdom gleaned by educators last semester, we'll be offering a variety of synchronous and asynchronous opportunities for youth to explore faith and build community.

What does that mean? In a nutshell, we'll offer some Zoom sessions for youth to come together and have fun or to ask questions in real time, but we'll also maintain an Instagram and Youtube channel where youth can connect with us on their own time by watching brief videos and leaving comments and reactions. Offerings may include

- a verse of the day
- an FAQ series (e.g. "What kind of Bible should I read, and where do I start?"; "Why do some Christians cross themselves?"; "Why do we get baptized?")
- tutorials (e.g. DIY rosaries; how to look up a Bible passage; various prayer practices), and
- short talks on topics that impact teenagers

For years, the landscape of youth ministry has been changing, as youth consistently report overcommitment to extracurricular activities. Schedule conflicts and burnout (from youth and from parents) have impacted attendance at youth functions across the country. Some groups chose to combat this issue by meeting less frequently for "bigger" events. We at All Souls' chose the opposite approach, holding a fairly consistent Friday evening offering for those who could attend on any given week. It was a joy and a blessing in so many ways. Yet there were always the kids who were left out-- those with Friday night sports or theater, those with divorced parents who spent weekends elsewhere, and those whose families travel frequently.

The shift toward incorporating asynchronous online learning-- content youth can access at their leisure, with the opportunity to still connect via public comments in social networks (or private messages to youth leaders) -- provides a welcome to young people regardless of their schedules and other commitments.

As much as I miss playing silly games and connecting with our youth in person, I believe the Holy Spirit is calling us to something new, and I can't wait to see what unfolds. I'm also looking forward to our first youth group Zoom meeting on Friday, September 18!



Surprise "back to school" care packages, delivered last Sunday, were greatly appreciated by our youth!

An Update on our Finances

We continue to follow what has been the coronavirus pattern for All Souls'. Thanks to the generosity of our parishioners, our income remains stable and our expenses are trailing expectations. We have had a few hiccups with making principal payments on our building improvement loan. The committee is working on increasing communications with our banks and financial institutions. This year has been a challenge but we are grateful for the prayers and support of the many people who contribute to our efforts.

INCOME & TRANSFERS	Q1 Total	Q2 Total	Jul 2020	Aug 2020	Sep 2020
Income Budget	\$ 206,466	\$ 151,225	\$ 48,699	\$ 48,699	\$ 49,089
Income Actual	\$ 186,786	\$ 158,962	\$ 50,820		
Difference	(\$ 19,680)	\$ 7,737	\$ 4,439		

EXPENSE	Q1 Total	Q2 Total	Jul 2020	Aug 2018	Sep 2020
Expense Budget	\$ 175,520	\$ 164,803	\$ 48,129	\$ 57,325	\$ 54,992
Expense Actual	\$ 160,466	\$ 161,115	\$ 42,985		
Difference	\$ 15,054	\$ 3,688	\$ 4,395		

Financial Strategists

Last month we reported that a subcommittee of the finance committee was looking at our cell tower income from a strategic standpoint. This new committee has expanded its scope to look at an overall financial strategy including a review of all our assets, debt, and cash flow. We will keep you posted on progress as we seek to be proactive in our financial decisions rather than reactive.

Text 2 Give

Thanks to software enhancements made by our Giving Tools donation portal, those who would like to initiate a donation via text message are able to do so.

To make a donation, simply use your smart phone and text

“donate” to (888) 554-8664.

You will be guided through the rest of the process on your smart phone.



Peninsula Shepherd Center Update by Lisa Nokes

Hello Friends of the Peninsula Shepherd Center!

Welcome to Fall! We have missed seeing all of you and are resuming our monthly Lamb's Tales to keep you up to date on all of the activities at PSC. Our physical location remains closed, as we all navigate COVID-19 and work to keep our members, guests and staff safe. We are following all governmental requirements and look forward to a vaccine in the near future and resuming our transportation services. On a positive note, we launched our new PSC Connection Through Technology Program in June! We are connecting our members through computer tablets to enjoy PSC activities, along with events in the community. A pilot group of members is using these tablets to join PSC Bingo (Zingo!), Weekly PSC Chats, community activities online, such as YMCA exercise classes, library access, church services and connection to friends and family through email. Your input on additional program offerings is welcome! We are seeking funding opportunities to expand this important program.

Our staff continues to reach out through weekly phone calls to our members checking in to make sure everyone is safe, healthy and just to visit! Our most exciting news is that PSC is the recipient of the generous donation of a 2010 Chrysler Town and Country Minivan! The van starts off our 2020 goal of enhancing our current fleet. We are most



grateful to the generosity of Fred and Susan Smith, longtime supporters of PSC, for this significant gift that helps us continue in our mission to keep seniors healthy, independent and active in their homes.

Stay tuned as we will be having our Fall Fundraising Campaign starting in October. Your generous contributions will help us continue to find ways to stay connected with our members during this challenging time and support our ongoing programs. In addition to supporting PSC's ongoing operational needs, we are looking to purchase a new van with wheelchair access for our Out and About Senior Transportation program.

We encourage you to visit our Website www.sdpdc.org as we have many links to resources and services for the senior community, including food services, transportation and activities that may be of interest. As we receive more information we will post to our site. We look forward to the re-opening of our new Senior Lounge and have many plans for presentations, activities and time to just get together in this beautiful facility. Larysa is picking up phone calls daily so please do not hesitate to call us if you need any information or assistance and we will keep you updated on the re-opening of our transportation services and activities.

Again, we wish you well as you Shelter in Place and hope that you and your families are well. Hope to see you soon!

“WE ARE STILL HERE FOR YOU!”

Lisa Nokes

Executive Director



**PENINSULA
SHEPHERD
CENTER**

Diocesan Wide Worship Service September 6, 10:00 AM



Bishop Susan Brown Snook will offer a Diocesan Worship Service on Sunday, Sept. 6 at 10am.

It's a time for the diocese to come together in worship, and for clergy to have a break if they choose, and join with other Episcopalians throughout our diocese for worship. The service can be accessed from the [Diocesan Facebook page](#). Bishop Susan will preside and preach, recording from St. Paul's Cathedral. Music and prayers will be in English and Spanish, with a bulletin available in both languages.

Please note: We will not offer our 8:00 am or 10:15 livestream or our 9:15 Small Souls Online service

Our forum will occur as usual at 9:00 am on September 6.

The Daily Office—Structure, Prayer, and Scripture

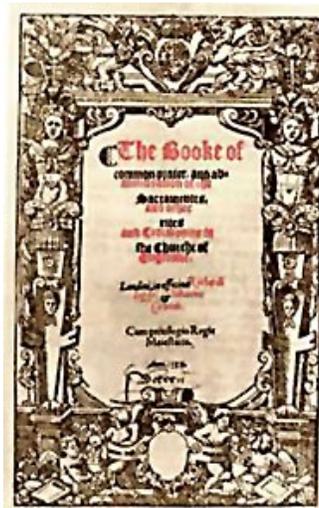
Praying the daily office (Morning and Evening Prayer) is a wonderful way to add structure to your daily prayers. The format is ancient and the services date back to the original Book of Common Prayer first published in 1549.

If you want some help, we can send you a daily e-mail with the service of morning prayer with selected canticles and assigned readings.

[Visit this Website](#) to sign up.

What's more? The clergy, staff, and several lay people are offering daily Morning Prayer live on Facebook. Typically that streams at about 8:00 am. Pray with your fellow parishioners from all over the world.

Tune in to www.facebook.com/allsoulspointloma and pray with us!



Upcoming Forum Opportunities

We are grateful for those who have attended the recent forum series and those who have led our conversations. Throughout the summer we've been exploring different effects of Covid-19 on various aspects of our communal life. When possible, the forums are recorded and the videos are posted online: www.allsoulspointloma.org/forums.

The Sunday forum meets at 9:00 am on Sunday Morning via Zoom. Here is the upcoming schedule.

September 6 - "COVID-19, Schools, and Education"- Our Junior Warden, Bill Cobb, will moderate a panel discussion on the effects of coronavirus on local education. For more information [see page 2](#).

Beginning September 13, we will start a two part series exploring the gnostic gospels. Professor Michael Lodahl of PLNU will be with us. We'll begin our conversation with Gospel of Thomas.

Later in September and through October we'll explore heresy and the creeds.

Be sure to join us!



[ZOOM INTO THE FORUM](#)

Facebook Live and Zoom Calendar

Worship, Prayer, Conversation: Here are the ways you can connect with your All Souls' family and friends:

Daily Morning Prayer, 8:00 a.m.—Visit www.facebook.com/allsoulspointloma

Thursday, Morning Prayer, 9:30 a.m.—[Join by Zoom](#): ID 816-9552-4008

Saturday, Centering Prayer, 4:00 p.m.—[Join by Zoom](#): ID 876-5494-9984

Saturday, Evening Prayer, 5:00 p.m.—[Join by Zoom](#): ID 898-0219-8912

Sunday 8:00 a.m. Live Stream—Visit www.facebook.com/allsoulspointloma

Sunday Morning Forum, 9:00 a.m.—[Join by Zoom](#): ID 340-447-809

Sunday 9:15 a.m.—Small Souls Online Live Stream—Visit www.facebook.com/allsoulspointloma

Sunday 10:15 a.m. Live Stream—Visit www.facebook.com/allsoulspointloma

Vestry Update by Isabel Lynne

As you may already know, Covid-19 has changed life balance: changing the way we shop, eat out, *etc.*, And most of all, changing the way we worship. We have to adjust to new routines and we must choose to comply with the rules.

Unprecedented times call for an unprecedented approach. Father Joe is working very hard and he has a committee to advise about how we are going to approach the next step according to the rules and regulations. Yes, we all are anxious to worship at a regular service, to see our fiends, and to have some goodies and coffee, just the way All Souls' has been.

Folks.....we need to wait and be patient, please. This is going to be hard because I know the feeling when you go without seeing someone you love for a long time.

We need to remain strong, we have gone through so much. I know we will be back to worship and praise the Glory of God.



Poetry and Prayer: You Still Dream by Nikki Grimes

Here, poem meets prayer.
We are exceedingly comfortable
with posturing and self-defense
that masquerade as apology.
But what's needed in this moment
is unmixed confession
of our nation's sin,
deep and indefensible.
"Now I lay me down to sleep"
must make way for
something more muscular:
sack cloth and ashes,
prayer and fasting,
naked prostration.
Daniel understood
radical repentance begins
with this unvarnished profession:

You are righteous,
and we are not.
Please heal our nation.
Cleanse our stubborn hearts.
Show each of us what part to play.
Broken as Judah and Jerusalem,
we cry and come bending our will
toward the good
you dream for us still,
no matter our sin,
no matter what skin
we're in.

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From the Senior Warden by Linda Parker

September is traditionally the month of "Welcome Back" to school, exciting new programs at church and the anticipation of fall...and, of course, the Home Tour.

This year, as we all know, has been like no other in memory. As we continue to connect online, we have come to accept the "new normal". We are fortunate to be able to stay in touch with friends, family and fellow parishioners through technology!

Which brings me to the annual Point Loma Christmas Home Tour, set to take place each year on the first Saturday of December. This would be the 69th year of the Home Tour. It is our parish's signature fundraiser, raising about \$30,000 each year to support the many Missions and Ministries of All Souls'.

The "Fundraising Committee", under Mary Brown's able leadership, has been meeting for months to plan and plan again, as it has become clear that there will be no tour of homes or any related activities on campus this year. After mourning this reality, we have set the wheels in motion for a robust online presence on a Home Tour website. You will be able to order and pick up some of your favorite craft items, such as the Surprise Trees, lighted wine bottles, wreaths, etc. There will also be opportunities to donate to the Missions and Ministries. We have a couple of additional surprises up our sleeves, so stay tuned and please plan to use this opportunity to support our beloved All Souls'!!



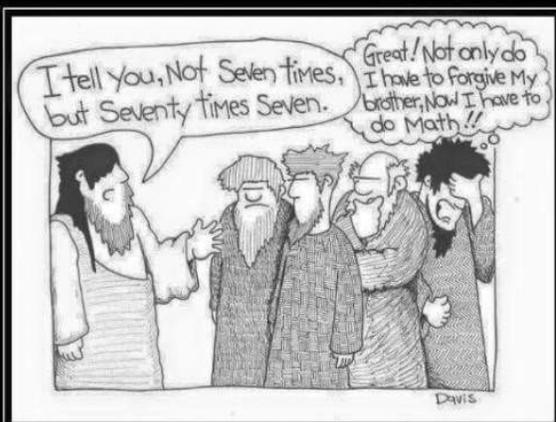
A Statement of Commitment

The Rev. Brenda Sol, rector of St. Andrew's in Encinitas, and other clergy colleagues in our diocese created a statement of our commitment to our baptismal covenant and Jesus' call to us during this time of twin pandemics of COVID-19 and racial injustice. We encourage you all to make these commitments in your lives.



As part of the Jesus Movement and the Episcopal Diocese of San Diego, we pledge to love our neighbors and protect the most vulnerable among us, remembering our baptismal vows to “strive for justice and peace among all people, and respect the dignity of every human being.” We live these pledges out by actively engaging in dismantling racism. For many of us, this will mean learning more about our racial identity, listening to those who have experienced racial prejudice, speaking out against racism, and showing up alongside those in our community working to change unjust systems in our society. We also live out this pledge at worship during this pandemic, by wearing face-coverings, respecting distancing guidelines, foregoing the common cup and refraining from congregational singing.

On the Lighter Side



FORGIVE

Because it's easier than math. Math is hard.



THE PRIEST CARVES OUT SACRED SPACE AT HOME IN ORDER TO RECORD LITURGY FOR SUNDAY.



ALL SOULS'
EPISCOPAL CHURCH

All Souls' Episcopal Church

All Souls' is a vibrant Episcopal congregation in the heart of Point Loma. All ages are welcome; infants and children enliven our worship. To learn more about membership, please contact the church office or visit us online.

Visit our website at allsoulspointloma.org

Listen to sermons online at allsoulspointloma.org/sermons

Reach us by e-mail at office@allsoulspointloma.org

Like us on Facebook at facebook.com/allsoulspointloma

Follow us on Instagram? instagram.com/allsoulspointloma

All Souls' Episcopal Church

1475 Catalina Blvd.
San Diego, CA 92107
619-223-6394

In the Episcopal Diocese of San Diego:
The Rt. Rev. Susan Brown Snook, Bishop

Staff

The Rev. Joseph J. Dirbas, Rector
The Rev. Terry Shields Dirbas
The Rev. Peter Sickels
Ruben Valenzuela, Dir. of the Music
Spencer Velky, Gouraud Asst. Organist
Jennifer Smith, Parish Admin Asst.
Jeff Dames, Sexton

Weekend Services

Saturday: Worship via Zoom
5 p.m.—Evening Prayer

Sunday: Livestreamed
8 a.m.—Liturgy of the Word w/
prayers for Spiritual Communion
9 a.m.—Small Souls Online

10:15 a.m.—Liturgy of the Word w/
prayers for Spiritual Communion

Weekday Worship

Thursday Morning Prayer: 9:30 a.m.